



# Treatment and Therapy Price List

Treatment/Therapy	Therapist	Detail	Pricing
<b>Acupuncture</b>	Allison Green and Helen Hunt	Acupuncture initial consultation (up to 1hr and 30 mins)	£75
		Bach flowers – prescription given as part of Acupuncture or Herbal consultation	£10
		Cupping/moxa standalone treatments (up to 1hr)	£60
		Western Herbalism consultation (up to 1hr and 30 mins)– prescriptions are charged separately and work out £10 to £15 per week	£75
		Follow up appointments for either acupuncture or herbal (up to 40 mins) prescriptions charged separately	£60
<b>Angelic Reiki</b>	Cameron Wickers Jenni Shawyer	Up To One Hour Session	£55
<b>Aromatherapy Treatments</b>	Nikki Mumby Janis Norman	<i>(see Nikki's online brochure for her full price list)</i>	Starting at £40
<b>Ayurveda</b>	Leanna Biagioni	Initial consultation (up to 1 hour) includes full consultation summary and diet plan.	£75
		Follow up consultation (up to 40min)	£50
		Herbal remedies 6 week supply (depending on personal requirements)	£30-£65
<b>Bach Flower</b>	Amanda McGregor	1hr Consultation and Bespoke Essence Mix	£50
		Further Prescription Essences	£10
<b>Bowen Therapy</b>	Amanda McGregor, Toni Creevy, Cameron Wickers and Kim Wickers	Adults (1hr)	£65
		Initial Consultation and Treatment (up to 1hr 15 mins)	£75
		Bowen for Children 3—16 years (45 mins)	£50
		Bowen for Babies 0-3 years (up to 20 mins)	£25
		Bowen for Babies 0-3 years (up to 45 mins)	£45
<b>Coaching</b>	Lena Sagar	1hr Coaching Session (Packages are available dependent upon length of engagement.) First 45 mins discovery session is no obligation and complimentary.	£80
<b>Divine Counselling</b>	Rev Sharon Paul	1 hour	£60
		90 minutes counselling incorporating vortex healing	£85
		1 hour counselling session incorporating 1 hour vortex healing	£110
<b>Esoteric Knowledge</b>	Nikki Mumby	<i>(see Nikki's online brochure for her full price list)</i>	
<b>Harmonious Balance</b>	Marie McCaver		£50

Treatment/Therapy	Therapist	Detail	Pricing
Hypnotherapy	Mary Walsh-Pammen		Starting at £50
Manual Lymphatic Massage	Toni Creevy		£75
Massage	Nikki Mumby Janis Norman Toni Creevy	<i>(see Nikki's online brochure for her full price list)</i>	Starting at £40
Reflexology	Nikki Mumby Janis Norman	<i>(see Nikki's online brochure for her full price list)</i>	Starting at £45
Reiki	Jenni Shawyer, Nikki Mumby, Marie McCaver		£45
Soul Plan Readings	Janis Norman		£65
Sound Healing	Kayleigh Biggs		£40
Sports Injury Clinic (Bowen Therapy—Monday Evening—4.00pm—10.00pm)	Amanda McGregor, Toni Creevy, Cameron Wickers and Kim Wickers	Adult (1hr)	£65
		Initial Consultation and Treatment (up to 1hr 15 mins)	£75
		20 mins (Adult)	£20
		Bowen for Children 3—16 years (45 mins)	£50
		20 mins (Child 3-16 years)	£15
Vortex Healing	Rev Sharon Paul	(1 hr)	£60

Please see our website [www.heartofholistic.com](http://www.heartofholistic.com) for more information on each therapist and their therapies. Should you require any further information, please do not hesitate to call or email.

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