



Treatment and Therapies Price List

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www.heartofholistic.com

Acupuncture	
Initial consultation (up to 1hr and 30 mins)	£75
Bach flowers	£10
<i>Prescription given as part of Acupuncture or Herbal consultation</i>	
Cupping/Moxa standalone treatments (up to 1hr)	£60
Western Herbalism consultation (up to 1hr and 30 mins)	£75
Prescriptions are charged separately and work out £10 to £15 per week	
Follow up appointments for either acupuncture or herbal (up to 45 mins) prescriptions charged separately	£60
Angelic Reiki (up to 1hr)	£55
Aromatherapy*	Starting at £50
Bach Flower	
1hr Consultation and Bespoke Essence Mix	£50
Further Prescription Essences	£10
Baby Massage	
Block of five sessions	£100
Belief Coding	
Up to 2 hour session	£135
Block sessions of 3 or more £111 (3 sessions £333 etc)	
Bowen Therapy	
Adults (1hr)	Starting at £70
Children 3—16 years (45 mins)	£50
Babies 0-3 years (up to 20 mins)	£25
Babies 0-3 years (up to 45 mins)	£45
Brain Working Recursive Therapy (BWRT)	£65
Counselling*	Starting at £50
Esoteric Knowledge*	See Website

Harmonious Balance	£50
Homeopathy 1st Consultation - 90 Minutes - Follow ups 30-45 Minutes - Acute Prescriptions 20-30 minutes - Acute Prescriptions evenings (after 6pm) and weekends - Main remedy is included in the above - Additional remedies, tissue salts or tinctures will be extra.	£90 £55 £35 £45
Hopi Ear Candling	£50
Hypnotherapy with Mary	Starting at £75
Hypnotherapy with Janis	£70
Intuitive Life Guidance Readings	£55
Kinesiology Initial Session 90min Thereafter Kinesiology session 60 min	£80 £60
Life Coaching 1hr Coaching Session	Starting at £60
LED Light Facial	£100
Lymphatic Massage	£85
Massage* (inc, Aromatherapy, Back Massage, Indian Head Massage, Marma Point, Swedish Massage)	Starting at £50
Neurological Change Therapy 1 hour and 1hour 30 mins	£65 £85
Osteopathy with Tim	£50
Pellowah Healing	£70
Psychotherapeutic Counselling	Starting at £60
Reflexology*	Starting at £55
Reiki	Starting at £50
Shiatsu Massage	£50
Soul Plan Readings	£75
Sound Healing	£40
Sports Injury Clinic Acupuncture, Bowen Therapy, Cupping, Massage, and/or Taping	From £30

***Please see our website for more information on therapists, therapies & costs**